Does the promotion of wellbeing in schools lead to improved educational outcomes?

An impact study* was undertaken by **Dr Ariel Lindorff, Department of Education, University of Oxford** which found convincing evidence on the links between wellbeing and academic attainment and other educational outcomes.

Evidence drawn on studies carried out internationally

Effect of whole-school approaches. Improved

Mental health

Behaviour

Self-esteem

* An impact study investigates a particular change or outcome that a

product or service has on the group of people it is intended to help or benefit.

Long-term engagement Positive transition from primary to secondary school

Decreased probability of dropout

Educational success compared to parents

Creativity



"There is convincing evidence of a relationship between wellbeing and academic attainment."

Dr Ariel Lindorff,
Department of Education,
University of Oxford

Findings and recommendations from the impact study informed the Oxford International Curriculum Professional Development offer including:

Online wellbeing module

Self-

efficacy

Motivation

- Introductory teacher training
- ≥ Collaboration with 16 pilot schools

Evidence on successful implementation strategies can be found in the full report here: www.oxfordimpact.oup.com/wellbeing-impact-study

