

4 August 2020
Stages 4 & 5 Science
Professional Development Workshop

Scaffolding skills for HSC Science success

Presented by Melinda Mestre,
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OXFORD INSIGHT SCIENCE

FOR NSW STAGE 4

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4

2ND EDITION

book
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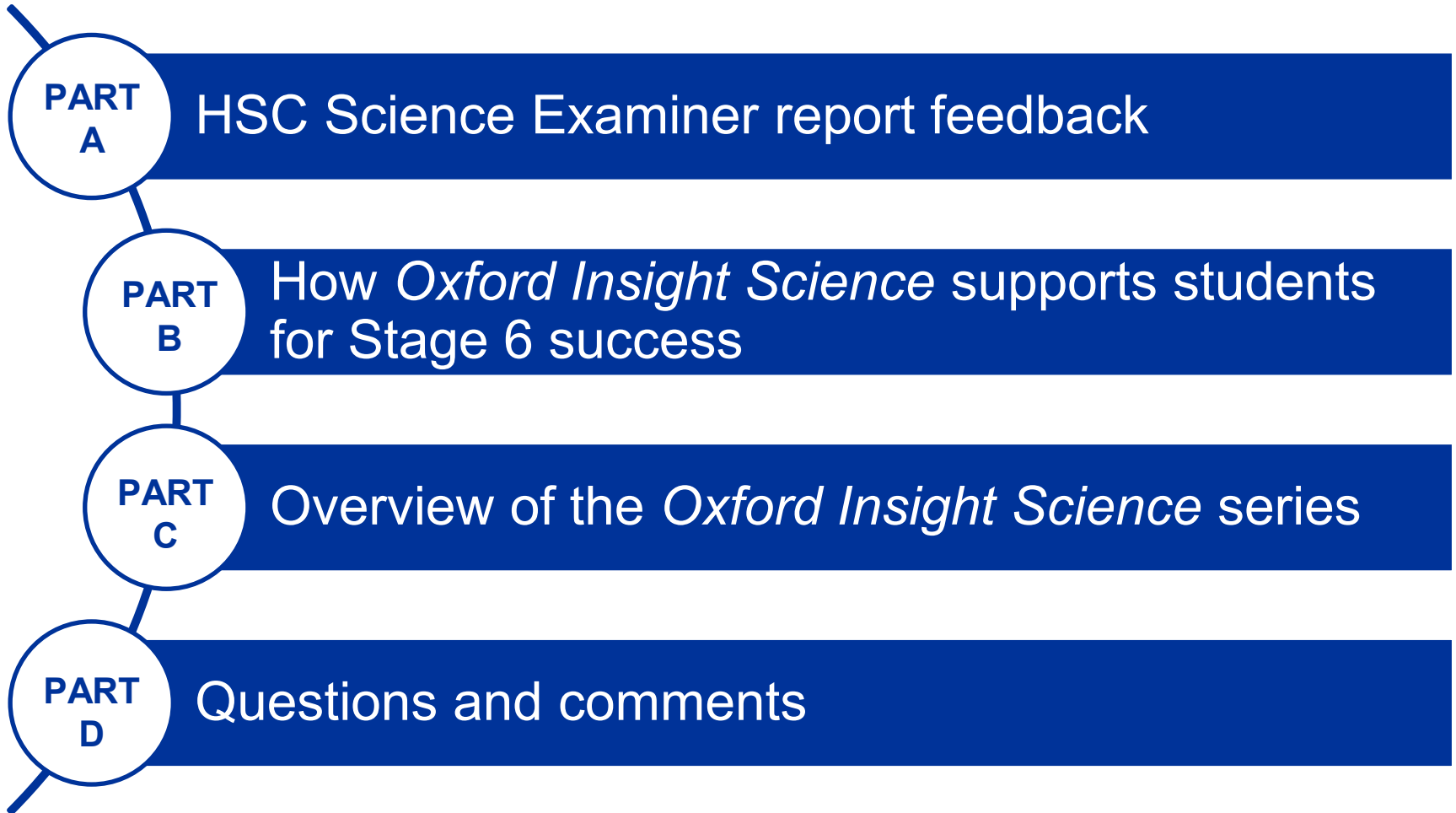
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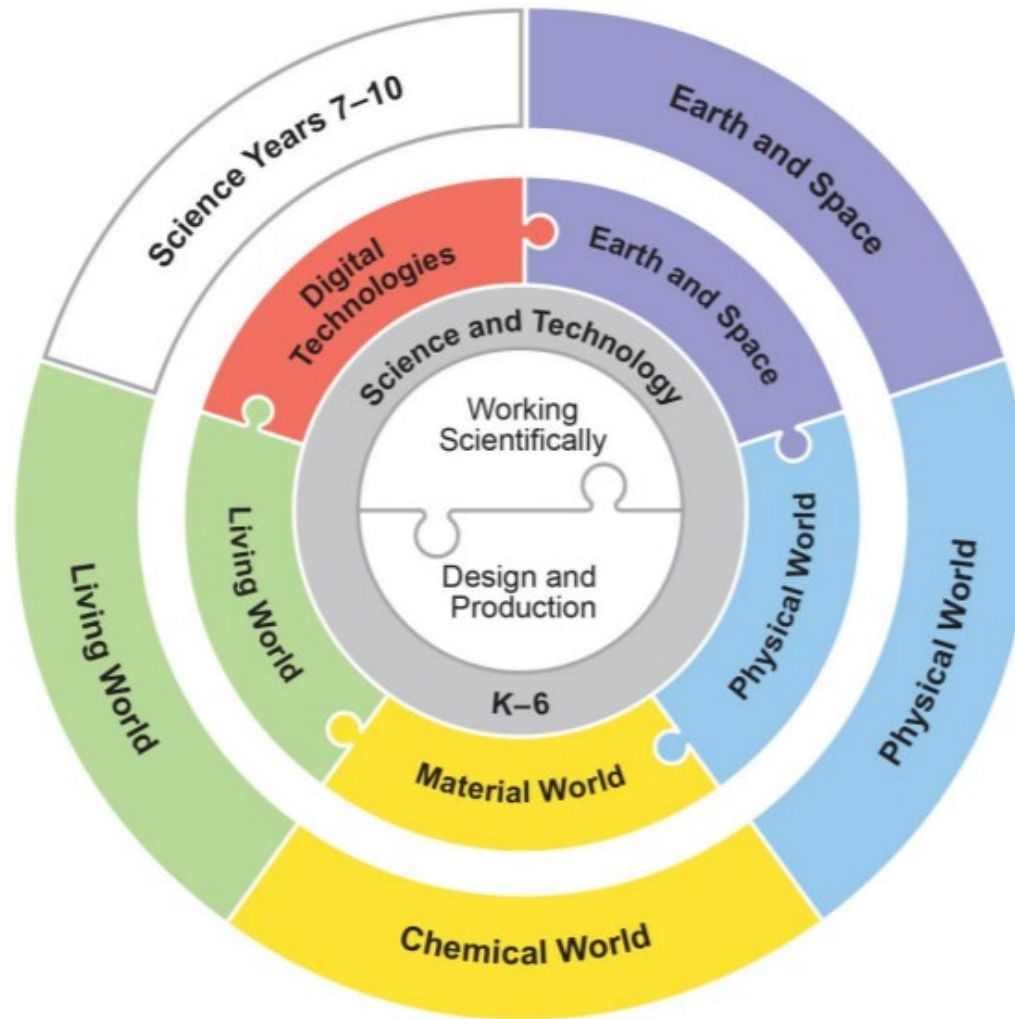
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Welcome to today's workshop



Organisation of content in Stages 4 and 5 Science



Mapping Working Scientifically skills

	Stage 4	Stage 5	Stage 6
Questioning and predicting	Identifies questions and problems that can be tested or researched and makes predictions based on scientific knowledge	Develops questions or hypotheses to be investigated scientifically	develops and evaluates questions and hypotheses for scientific investigation
Planning investigations	Collaboratively and individually produces a plan to investigate questions and problems	Produces a plan to investigate identified questions, hypotheses or problems, individually and collaboratively	designs and evaluates investigations in order to obtain primary and secondary data and information
Conducting investigations	Follows a sequence of instructions to safely undertake a range of investigation types, collaboratively and individually	Undertakes first-hand investigations to collect valid and reliable data and information, individually and collaboratively	conducts investigations to collect valid and reliable primary and secondary data and information
Processing and analysing data and information	Processes and analyses data from a first-hand investigation and secondary sources to identify trends, patterns and relationships and draw conclusions	Processes, analyses and evaluates data from first-hand investigations and secondary sources to develop evidence-based arguments and conclusions	selects and processes appropriate qualitative and quantitative data and information using a range of appropriate media
			analyses and evaluates primary and secondary data and information
Problem solving	Selects and uses appropriate strategies, understanding and skills to produce creative and plausible solutions to identified problems	Applies scientific understanding and critical thinking skills to suggest possible solutions to identified problems	solves scientific problems using primary and secondary data, critical thinking skills and scientific processes
Communicating	Presents science ideas, findings and information to a given audience using appropriate scientific language, text types and representations	Presents science ideas and evidence for a particular purpose and to a specific audience, using appropriate scientific language, conventions and representations	communicates scientific understanding using suitable language and terminology for a specific audience or purpose

Stage 6 Examiner reports:

What do students need to improve?

Questioning and predicting:

- Explicitly outlining how the dependent variable will be measured

Planning and conducting investigations:

- “Distinguishing between the aim of an experiment and a hypothesis”
- “Explaining the relationship between two variables tested in an experimental method rather than just describing it”
- “Providing examples of variables to be kept constant to increase the validity of the experiment”
- “Understanding that repetition is a necessary requirement to ensure experiments are reliable”
- “Describing why variables need to be kept constant in a fair test”
- Students continue to struggle with distinguishing between reliability, validity and accuracy.

Processing and analysing data and information:

- “Constructing graphs with a ruler and noting the scale for accuracy”
- “Identifying the line of best fit”
- “Correctly placing the independent variable on the x-axis and the dependent variable on the y-axis”
- “Ensuring all numbers in a table are correctly rounded to the same number of decimal places”
- “Ensuring numbers in a table are correctly rounded off to the same number of decimal places”
- “Using correct units relating to a question, for example, car speed is usually measured in kilometres per hour rather than metres per second”
- Performing mathematical equations and correctly applying formulas

Communicating:

- “Correctly writing a procedure with enough material “
- “Avoiding using generalised information, for example, self-reproduction or non-sexual reproduction”
- “Communicate succinctly and logically using correct terminology”

How can we scaffold these skills better in Stages 4 & 5?

**Oxford Insight Science focuses on developing
key science skills from day one.**

1

Complete syllabus coverage

- All subject matter in the syllabus has been included and ordered **sequentially** to help scaffold learning.
- Every chapter opener clearly indicates which syllabus points are covered.
- If it's covered in the syllabus, it's covered in our book!

2

A pathway to HSC Success

- HSC key words are used from Stage 4 so students are prepared to answer when they reach Stage 6
- Science skills are targeted through 'Skill builders' in each section
- Questions focus on application as well as consolidation

3

Easier to use and more accessible

To make our resources simple and easy to use, we have:

- a **section-based approach** to ensure our Student books are easier to navigate – one section, one concept, one lesson.
- Concepts delivered in **plain English**, with, concise, instructional language
- added more **graphic organisers** and **images** to support learning
- built in differentiation opportunities

4

Support for experiments and the Student Research Project

- Editable worksheets for all investigations in the obook assess
- Risk assessments and lab tech notes for all practical activities
- A dedicated chapter in each Student book to assist students plan and finish their Student Research Project

5

Full support for teachers

- Teachers are provided with a range of **additional support materials** (i.e. differentiated worksheets, teaching notes, assessment tasks and answers to all questions).
- Spread-based learning
- obook content is assignable to students at the discretion of the teachers

Working scientifically



Chapter 1, Working Scientifically, is a **stand-alone reference chapter** that appears at the front of each Student book. It includes:

- An introduction and step by step instructions on how to master science skills:
Questioning and predicting
Planning investigations
Conducting investigations
Processing and analysing data
Problem solving
Communicating
- A guide to carrying out scientific research safely and ethically

A quick tour of the new Student Books



- Check your learning questions aligned to Bloom's taxonomy
- Skill builder questions in every section to scaffold skill development
- Investigations, Challenges and Skills lab provide practical opportunities
- Margin glossary definitions for literacy support
- Worked examples for better application
- **Working Scientifically** chapter targets skill acquisition and development
- **Student Research Project** chapter supports students to complete this assessment

The topic of each section is introduced with a **concept statement**.

2.1

A force is a push or a pull

* Key ideas

In this topic, you will learn that:

- > unbalanced forces act on everything, causing objects to move or stop moving, or change speed, shape or direction.
- > the unit used to measure a force is a newton [N].

force

push or pull that, if unbalanced, can cause a change in an object's motion

calibrate

to check the accuracy of a metre against known measurements

newton

unit used to measure force; symbol N

A **force** is a push or pull that happens when two objects interact. Sometimes forces are easy to identify and describe, such as a foot kicking a ball. Other forces are harder to identify and describe; for example, the force that keeps you on the ground.

Forces in action

Forces act on everything around us. Usually, more than one force is acting on any object at one time, but often we do not notice them. You have many forces acting on you at the moment. For example, when you sit on a chair, gravity is pushing you down. The chair is pushing back against you. Because these forces acting on you are in balance (the same strength but opposite directions), you do not move.

When you throw a ball, you need to push it hard enough to overcome the force of gravity pulling it down. If you push it too hard, it will go too fast and you will not be able to catch it. If you push it too soft, it will not go far enough and you will not be able to throw it.

The distance the spring stretches represents the amount of force applied. This distance is measured by a marker on the spring balance. A rubber band can measure the size of forces in a similar way to a spring balance. Before we can use a rubber band to measure a force, it must be **calibrated**. This means we need to match the stretch of the rubber band to the force pulling on it.

The unit used to measure forces is called a **newton** after English physicist Isaac Newton (1642–1727), who first described the force used to pull an apple from a tree. Spring balances are also known as newton meters. Scientists around the world have agreed to this standard measurement so that they can communicate with one another. In every country, the force of 100 grams being pulled to the centre of the Earth is about 1 newton (N). This is about the same as one large chocolate bar sitting on your hand.

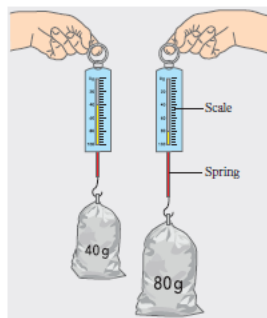


Figure 1 Spring balances are used to measure force.

Examples of these forces are shown in Figures 2–7.

Measuring forces

One way to 'see' a force at work is to measure it. Push forces can be measured with a set of scales like the ones you might find in a kitchen or bathroom. Pull forces can be measured using a **spring balance**. As shown in Figure 1, a stiff spring in the balance stretches when an object pulls on it.

spring balance
device consisting of a spring and a scale, used to measure forces in the laboratory

SKILLS LAB

2.1: Measuring forces
Go to page 17.



Figure 2 **Begin to move.** The golf club pushes the ball. The club exerts a force on the ball, causing it to begin to move. If the club misses the ball, there is no additional force on the ball from the club and the ball stays still.



Figure 3 **Speed up.** When the skateboarder wants to move faster, they use their foot to exert a force on the ground.



Figure 4 **Slow down.** The brakes on this bicycle wheel push down on the tyre, causing the tyre to slow down. This in turn brings the bicycle to a stop.



Figure 5 **Change direction.** The tennis racket pushes the ball in a different direction.



Figure 6 **Change shape.** The hand pulls the plasticine into a different shape. When the hand lets go, the plasticine returns to its original shape.



Check your learning 2.1

Recall and explain

- 1 Define the term 'force'.
- 2 Recall six things that forces do.
- 3 Recall the unit used to measure force.

Apply and analyse

- 4 Order these forces from biggest to smallest.
 - a A truck hitting a pole
 - b A rocket being launched
 - c Typing one letter on a computer keyboard
 - d Kicking a soccer ball

Skills builder: Planning investigations

- 7 A student was using the force measurer from Skills Lab 2.1 (see page 15) when the rubber band broke.
 - a Identify the aim of Skills Lab 2.1. (THINK: Why was the student using the force measurer?)

Check your learning questions are structured to Bloom's taxonomy. **Skill Builder** questions scaffold syllabus science skills.

- b Suggest why the original force measurer might have broken. (THINK: What needs to change to make it work?)
- c Propose a new way to conduct Skills Lab 2.1. (THINK: Could a different rubber band be used with the same scale?)

Investigations are signposted at the point of learning.

2.2 An unbalanced force causes change

* Key ideas

In this topic, you will learn that:

- > when forces acting on an object are balanced, the object's motion does not change
- > forces acting on an object are unbalanced when there is a change to the speed, direction of motion, or shape of an object.

Forces always come in pairs. Forces are balanced when they are pushing or pulling equally in opposite directions. If one of the push or pull forces is larger than the other, the object will change its speed, direction of motion or shape. When this happens, the forces are said to be **unbalanced**.

Balanced forces

Pushing on a brick wall does not usually cause the brick wall to move. This does not mean your force did not exist. There are many forces around us, but most of them do not cause any change in motion. This is because the forces are balanced. It means they are equal in size but opposite in direction. If the forces of the two people in Figure 1 balance each other, the people stay still. This is because they are pushing or pulling with equal and opposite forces. **Balanced forces** are very important. Two tug-of-war teams will be balanced if they pull with the same amount of force but in opposite directions.

Unbalanced forces

Unbalanced forces are also very important. Consider the forces acting on the barbell in Figure 2. The barbell stays in the air at a particular height because the forces on it are in balance. The weightlifter is pushing the barbell up with exactly the same amount of force as the Earth is pulling down. To move the barbell up, the weightlifter must use a stronger force than the Earth's pull. This will make the forces on the barbell unbalanced.

Evidence of an unbalanced force

There are three ways you can tell if a force is unbalanced. Forces are unbalanced if there is a change in an object's:

- > speed
- > direction
- > shape.



Figure 2A weightlifter applies a force to lift the barbell.

CHALLENGE

2.2: Design a ball whacker
Go to page 18.

If a ball is resting on the ground, then all the forces acting on it are balanced. If two people are pushing equally on a stationary object in opposite directions, then the forces are balanced and the object does not move. If one person starts pushing harder, then the object will start to move. There is a change in motion because the forces are unbalanced.

Consider a soccer ball rolling towards the goal. If the goalkeeper kicks it away, then the ball will change direction because the goalkeeper's kick unbalanced the forces.

Playdough sitting on the bench will not change unless you add a push force with your finger. The evidence for this unbalanced force is a change in shape.

Contact forces

Contact forces involve two objects touching each other. Some forces make objects move because of a direct push or pull. It is much easier to move a pencil if you push it with your finger. Your finger has to touch the pencil or be in contact before the pencil will move. This is called a contact force. Friction is also an



Figure 3 This door is opened by applying either a direct push or pull force (contact).

example of a contact force, which you will learn more about later in this chapter.

If an object is able to push or pull another without touching, it is called a **non-contact force**. Magnetism and **gravity** are examples of non-contact forces.

Worksheet
Predicting the effect of forces

contact forces
forces that occur when objects are touching each other

non-contact force
force that operates between two objects when they are not touching each other e.g. gravitational force

gravity
force of attraction that objects have on one another due to their mass

Icons highlight digital resources to support learning

Check your learning 2.2

Recall and explain

- 1 **Identify** an example of balanced forces acting on an object.
- 2 **Describe** how the forces acting on the objects in the following situations are unbalanced.
 - a Pushing down the lever on the toaster
 - b Jumping on a trampoline
 - c A car starting to move

Apply and analyse

- 3 **Examine** Figure 2. What are the forces acting on the barbell?

Skills builder: Questioning and predicting

- 7 Sam wants to investigate if having more people on one side of a tug-of-war will affect the result of the game. He has created this scientific question for his investigation: 'Is it good to have lots of people for tug-of-war?'

- 4 **Explain** why weightlifters get tired when they hold heavy masses in the air.
- 5 **Explain** why a brick wall does not fall over when you push it. Why can a bulldozer push it over?
- 6 Jack pushes a trolley quickly down a supermarket aisle. He builds up speed and then stops, letting go of the trolley.
 - a **Predict** what would happen to the trolley.
 - b **Explain** your answer in terms of the forces acting on the trolley.

- a **Identify** what is wrong with Sam's question. (THINK: Is this question specific enough and easy to test?)
- b **Propose** your own scientific question for Sam's investigation. (THINK: How does your question improve on Sam's question?)

2.3 Forces can be added together

Key ideas summarise key concepts addressed in the section

* Key ideas

In this topic, you will learn that:

- > forces can be added together to calculate the net force working on an object
- > force diagrams use arrows to represent the direction and strength of a force.

If you tried to lift a heavy object such as a piano, you would not succeed because the upward force you exerted on the piano would be too weak. But if a few of your friends helped you by adding their force to yours, the combined upward forces would be stronger than the downward pull of the Earth. The **net force** is the combination of all the forces acting on the piano. If the piano is lifted up, the forces are unbalanced and the net force on the piano is upward.

If an object is stationary (not moving) or moving at a steady speed in the same direction, then the net force acting on that object is zero. All the forces are balanced. If an object changes its speed (by speeding up or slowing down), shape or direction, then a net force must be acting on it.

In tug-of-war (see Figure 1), if one team pulls with more force, the rope will move towards them. If the rope stays in the same place while both teams pull, the net force acting on the rope must be zero.

Drawing force diagrams

Force diagrams show all the forces acting on an object. There is one arrow to represent each force. The arrows on a force diagram can tell you information about the forces being exerted:

- > The length of the arrow shows the size of the force. For example, a short arrow shows

a weak force and a long arrow shows a strong force.

- > The direction of the arrow shows the direction of the force.

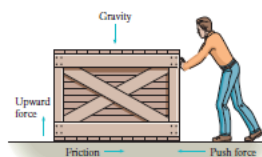
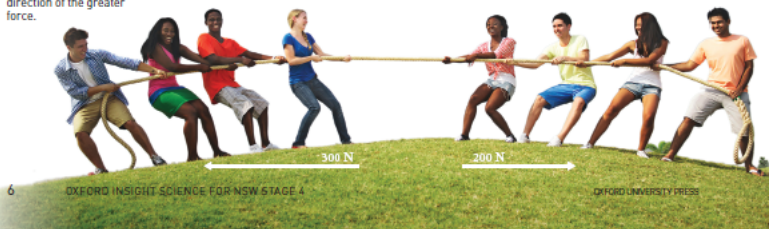


Figure 2 The arrows in this diagram show the forces acting on the box as it is moved.

More than one force is usually acting on an object at a time. Figure 1 shows a tug-of-war between two teams. The arrows show the pull force they are exerting on the rope. The arrow for the 200 N force is twice as long as the arrow for the 100 N force, but they are showing opposite directions. One team is much stronger than the other team. Which team will win? What evidence will you see in real life that this team is stronger?



6

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Worked example: Drawing force diagrams

Question

Construct a force diagram to represent the car being pushed in Figure 3.



Figure 3 When one of these people tries to push the car, they are not strong enough. But their combined net force is enough to move the car.

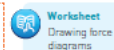
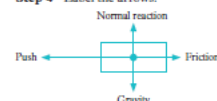
Solution

Step 1 Draw a box or dot to represent the car.

Step 2 Identify all the forces acting on the car, and in which direction they are acting. In this example, the forces are the people pushing on the car, the friction acting in the opposite direction to the movement, gravity acting down on the car and the force of the ground pushing upward (called normal reaction).

Step 3 Draw an arrow for each of these forces. Use a ruler to draw straight lines. The push causes the car to move so it must be an unbalanced force. Therefore, the arrow for the push force should be longer.

Step 4 Label the arrows.



Worked examples assist students to apply processes and formulas

Check your learning 2.3

Recall and explain

- 1 Define the term 'net force'?
- 2 Identify two examples where forces cancel each other out (net force = 0) and where two forces add together.
- 3 Explain what the arrows represent on a force diagram.

Apply and analyse

- 4 If Sally can push with 150 N and Marilla with 200 N in the same direction, calculate the force they push with together. Calculate the net force if they push in opposite directions.

Skills builder: Communicating

- 8 Your classmate does not understand why his team lost a tug-of-war, even though he had more people on his side.

- 5 Construct a diagram of two people having a tug-of-war. Give them names and draw arrows to show the force they are exerting on the rope. Identify the winner.
- 6 Construct a force diagram for the following examples.

- a A broken-down car being pushed
- b A ball being thrown
- c Laying still on the grass

Evaluate and create

- 7 Identify if the forces acting on a car are balanced or unbalanced in each step. Justify each of your answers.

- a Construct a force diagram to demonstrate the forces in the tug-of-war. (THINK: What kind of representation is normally used to demonstrate forces?)

- a A car is stationary.
- b It then starts moving and keeps travelling at a constant speed on a straight road for 5 minutes.
- c It next turns right.
- d Then it continues to travel at straight road.
- e The driver sees a dog crossing the road, so he brakes and the car stops after 1 minute.

- b Label your force diagram. (THINK: What does your classmate need to know about what heat?)

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CHAPTER 2 FORCES

7

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* REVIEW

Multiple choice

- 1 Identify which of the following is an example of a pull force.
 - A Kicking a soccer ball
 - B Diving into a swimming pool
 - C Dragging a box toward you
 - D Pushing a shopping trolley
- 2 Identify how you would describe the net force of a barbell being lifted.
 - A Upward net force
 - B Downward net force
 - C Zero net force
 - D Sideways net force
- 3 Identify the balanced forces.
 - A A ball flying through the air after it was thrown
 - B A book sitting on a table, not moving
 - C A piece of modelling clay being moulded into a different shape
 - D A car slowing down for a stop sign

Recall and explain

- 4 Identify two examples of a push force.
- 5 Identify two examples of a pull force.
- 6 Think back to the start of your day. Describe the forces that you experienced from the time you got up to the time you arrived at school.
- 7 Explain which of the following involve forces, and which of the following do not.
 - a Opening a window
 - b Turning a screw with a screwdriver
 - c Smelling food cooking
 - d Modelling clay
 - e Standing on a diving board
 - f Watching a candle burn
- 8 Explain the difference between a contact force and a non-contact force.
- 9 Outline the effects of balance and unbalanced forces on an object.
- 10 Outline three ways to reduce friction.
- 11 Describe how one technological development has reduced the impact of forces to make cars safer.

Apply

12 Explain the forces acting on a ball being kicked.



Figure 1 The force of Benji Marshall kicking the ball is easy to identify and describe, but what force is pulling him towards the centre of the Earth?

- 13 Analyse the following in terms of friction.
 - a Gymnasts putting chalk on their hands
 - b People driving cars on ice or snow putting chains on their tyres
 - c A car using more petrol when it has a load on the roof
 - d A person having difficulty running across ice
- 14 Calculate the size and direction of net force in the diagrams below.

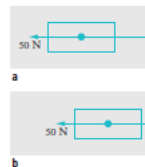


Figure 2 Net force diagrams

The chapter review introduces **multiple choice** questions preparing students for Stage 6 examinations.

Questions use Stage 6 key words to help student responses

- 15 Two students worked together to investigate the effect of the mass of objects on the size of the friction force. They pulled different weights with the same size force on the same surface. Their results are in the table below.

Mass (kg)	Friction Force (N)
0.25	0.63
0.50	1.30
1.00	2.50
2.00	5.00
3.00	7.50

- a Identify the independent and dependent variables.
 - b Identify one controlled variable.
 - c Construct an appropriate graph using the data in the table.
- 16 You are camping in a remote area, but you have left your matches at home. Explain how you can start a fire for cooking.
 - 17 Use your understanding of forces to account for a row of dominoes falling over.



Figure 3 The forces acting on the dominoes become unbalanced when one domino in the chain is pushed.

Evaluate and create

- 18 Determine which of the following cars would be better as a racing car? Account for your answer.



Figure 4 Two cars

- 19 Think about how far a toy car and a marble would roll along a flat bench.
 - a Predict which would have the least friction. Justify your response.
 - b Predict which would roll the furthest. Justify your response.
 - c Explain the connection between rolling and friction.
- 20 Discuss why surfers often wax their surfboards.
- 21 If you used the same pushing force in each of the following cases, determine which surface an object would move over the fastest: sand, wood, or metal coated in oil. Justify your answer.
- 22 Propose three things that are more difficult, and three things that are easier, to do without friction. Account for your answer.

Critical Thinking

- 23 Matilda fills her car with petrol and drives 100 km along a freeway. She then turns off the freeway 100 kilometres along country roads, one of which is rough.
 - a Identify which part of the trip the car would use more petrol.
 - b Justify your answer using your knowledge of forces and friction.
- 24 Harry is pushing a full shopping trolley up a steep hill. He pushes the trolley with all of his might, but it goes nowhere.
 - a Explain what is happening to the trolley in terms of forces.
 - b Construct a force diagram to represent the forces acting on the trolley.
 - c Suggest a solution that might help Harry to get the trolley and all of its groceries to the top of the hill.

Go further

- 25 Imagine that you want to move a big box across a room. Your friend comes to help you and he pushes down on the box.
 - a Identify if he would make your work easier or more difficult.
 - b Justify your answer.
- 26 Think about a car travelling at a constant speed around a roundabout. Explain if the forces acting on the car are balanced or unbalanced.

Critical thinking and Go further questions extend students

Research
offers
preparation
and prompts
for the
Student
Research
Project

Research

27 Choose one of the following topics to research further. Present your findings in a format that best fits both the information you have found and the understandings you have formed.

»Seatbelts

The wearing of seatbelts in cars became compulsory in Australia in 1970. Research the materials that are used to make seatbelts. Use your knowledge of forces to explain how seatbelts prevent injury in a car accident.

»Aeroplanes

There are always forces acting on objects. What are the push and pull forces acting on an aeroplane? How do these push and pull forces change as an aeroplane takes off, flies and lands? Research the forces acting on an aeroplane and draw a labelled diagram to show the forces.

»Footwear for friction

Investigate how different types of footwear have been designed to reduce friction. What type of footwear do you think is the best for reducing or increasing friction? What features have designers included to manage friction? Draw a diagram of one shoe and label how it has been designed to improve the impact of friction.

Reflect

Now that you have completed this chapter, reflect on your ability to do the following:

	I can do this.	I cannot do this yet.
Identify changes that take place when particular forces are acting.	<input type="checkbox"/>	<input type="checkbox"/> Go to pages xxx - xxx
Predict the effect of unbalanced forces acting in everyday situations.	<input type="checkbox"/>	<input type="checkbox"/> Go to pages xxx - xxx
Describe some examples of technological developments that have contributed to finding solutions to reduce the impact of forces in everyday life, e.g. car safety equipment and footwear design.	<input type="checkbox"/>	<input type="checkbox"/> Go to pages xxx - xxx
Analyse some everyday common situations where friction operates to oppose motion and produce heat.	<input type="checkbox"/>	<input type="checkbox"/> Go to pages xxx - xxx
Investigate factors that influence the size and effect of frictional forces.	<input type="checkbox"/>	<input type="checkbox"/> Go to pages xxx - xxx

Source: NSW Science Years 7-10 Syllabus © NSW Education Standards Authority for and on behalf of the Crown in right of the State of New South Wales, 2018.

Reflect
encourages
students to take
charge of their
own learning
and conduct
self-assessment
on learning
outcomes.

2.1 Measuring forces

SKILL

Aim

To measure a variety of forces in common situations.

Materials

- > Rubber band
- > Thin strip of timber (or a ruler)
- > Mass carrier and masses
- > Pen

Method

A rubber band can measure the size of forces in a similar way to a spring balance. But before it can, the rubber band must be calibrated. This means matching the stretch of the rubber band to the number of newtons pulling on it.

- 1 Calibrate the rubber band on the strip of timber, as shown in Figure 1.

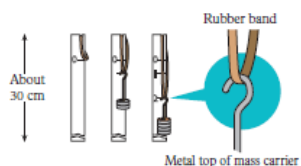


Figure 1 Calibrating the force measurer

- 2 Mark the distance that the rubber band is stretched on the timber when the mass carrier holds a 100 gram mass. Remember: The weight force of 100 grams equals 1 newton of force.
- 3 Repeat for masses of 200 grams, 300 grams, 400 grams and so on, marking the timber each time.



Risk assessment
2.1 Measuring forces



Lab tech notes
2.1 Measuring forces

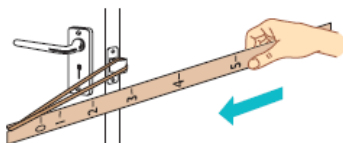


Figure 2 Measuring the force needed to open a door

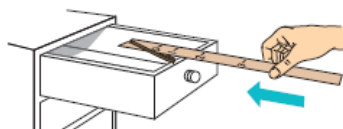


Figure 3 Measuring the force needed to close a drawer

- 4 Use your measuring device to measure the force needed to:
 - a open the door to a room
 - b drag a chair across the floor
 - c close a drawer in the laboratory
 - d move your pencil case
 - e pull up your sock
 - f carry out three movements of your choice.

Results

Draw a column graph showing the amount of force needed to move each object.

Conclusion

What do you know about the force required to move different objects?

Challenges introduce STEM concepts and ask students to apply critical thinking or problem solving skills.

2.2 Design a ball whacker

CHALLENGE

Design brief

Design equipment that uses a block of wood to hit a tennis ball. A block of wood from home or the woodwork room is ideal.



Risk assessment
2.2 Design a ball whacker



Lab tech notes
2.2 Design a ball whacker

Questioning and predicting

- > How will you create a contact force between the wooden block and the ball?
- > How will you make the wooden block swing?
- > How far do you want your ball to move?

Planning and conducting

Figure 1 shows one way to set this experiment up. You must use only the force of gravity – you cannot push the wooden block.

Processing, analysing and evaluating

- 1 What changes did you have to make to move the ball further?
- 2 What was the most successful feature of your ball whacker? What was the least successful?
- 3 Is a heavy block better than a light one?
- 4 Is there any practical use for a 'whacker' like this?
- 5 If you were doing this experiment again, how would you modify your device? Explain.

Communicating

Present the various stages of your investigation in a formal experimental report.

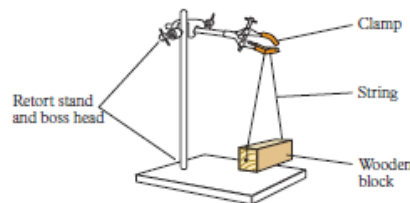


Figure 1 A possible design for the experiment

Skills lab practicals introduce laboratory work and key science skills

2.4

What if the amount of friction was changed?

INVESTIGATION

Aim

To investigate how friction may be reduced.



Investigation
2.2 What if the amount of friction changed?



Risk assessment
2.4 What if the amount of friction changed?



Lab tech notes
2.4 What if the amount of friction changed?

Materials

- > Force measurer (see Skill Lab 2.1) or spring balance
- > Thick textbook
- > Wooden rollers (round pencils)
- > Book
- > Sand

Method

- 1 Use your force measurer to measure the friction of your textbook being dragged along the table. (Hint: Drag it at constant speed.)

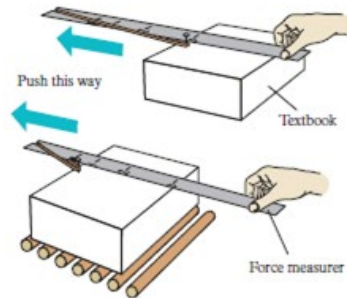


Figure 1 Measuring the friction of a textbook

- 2 Place two books on top of each other and measure the friction.

Inquiry: Choose one question to investigate

- 1 What if rollers were placed under the textbook?
- 2 What if sand was placed under the textbook?
 - Write a hypothesis for your inquiry.
 - What (independent) variable will you change from the first method?
 - What (dependent) variable will you measure/observe?
 - What variables will you need to control to ensure a fair test? How will you control them?

Results

- 1 Record your results in a table like the one below.

Object	Force needed to make it move (N)			
	Trial 1	Trial 2	Trial 3	Average
Textbook				
Textbook with a second book on it				
Textbook with rollers under it				
Textbook with sand under it				

- 2 Draw a column graph showing the effect of sand/rollers on the object's friction.

Discussion

Compare your results with those of others in the class.

- 1 What was the best way to reduce friction?
- 2 Would 5 rollers be better than 2 for reducing friction?
- 3 Would 10 rollers be better than 5 for reducing friction?
- 4 Would bigger or smaller rollers be better for reducing friction?
- 5 What are some problems with using rollers?
- 6 Write down a practical example of rollers being used to reduce friction.
- 7 Why would square rollers not be any good?
- 8 Would fine sand or coarse (large-grained) sand be better for increasing friction?
- 9 Write down a practical example of sand being used to increase friction.
- 10 What are some problems with using sand for this purpose?

Conclusion

What do you know about how to reduce friction?

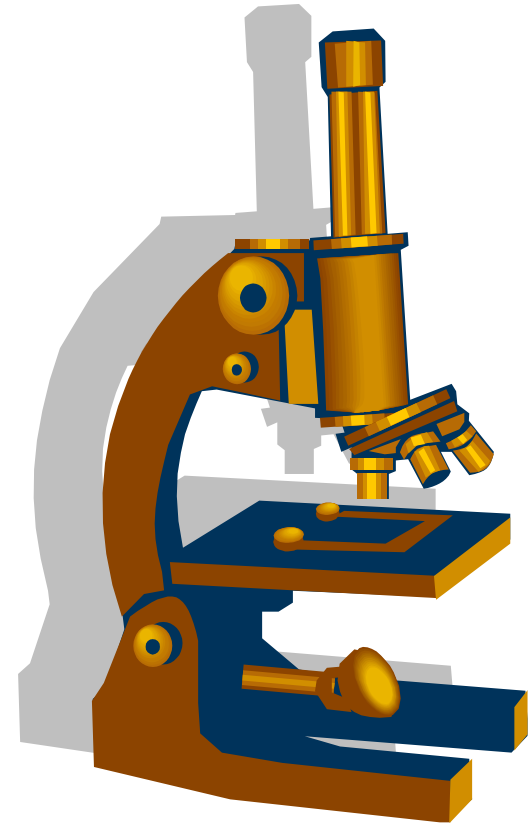
Investigations provide students with experiment style activities

For each Skills Lab, Challenge or Investigation there is a worksheet, risk assessment and lab tech notes available digitally.

Student Research Project

The Student Research Project chapter is a **stand-alone** reference chapter. It acts as a guide for the Student Research Project including:

- choosing a topic
- conducting research safely and accurately
- managing time
- working in groups
- communicating findings



A quick tour of the new Student Skills books



- **Working Scientifically** chapter introduces each of the six skills and provides opportunities for practice (one activity per skill, per chapter)
- **Literacy builders** open each chapter (practice speaking, vocab, writing, comprehension etc.)
- **Skills labs** conclude the chapters with a practical activity that requires students to engage with aim, method, materials etc.
- Consolidation of science understanding and knowledge in each activity.

8A Questioning and predicting

Making predictions

Wind energy can be captured by wind turbines. They use the wind to spin an electric generator that creates useable energy in the form of electricity. Wind power is a renewable energy. Wind turbines are often placed in windy areas, such as along a coast line (Figure 1) or on the top of hills. These long lines of wind turbines are called a wind farm.

- 1 Predict what would happen to energy production from the wind turbines in the following scenarios:

IF	THEN
the wind speed increases	
the wind speed decreases	
two of the wind turbines are removed	
the sun disappears behind a cloud	

Each activity targets one **science skill** through application questions. These questions progress throughout Stage 4 and 5 to prepare students for Stage 6.

- 2 Explain what you know about wind energy that helped you to make your predictions in Question 1.

Figure 1 A wind farm in Albany, Western Australia



2

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8B Planning investigations

Identifying the purpose of an investigation

The *aim* of an investigation is a short statement that identifies its purpose. In other words, what is the reason for doing the investigation? What question or problem is the investigation trying to answer? This is answered in the aim.

- 1 Consider the two investigations outlined below. Can you identify an aim for each of these? Draw a line between each investigation and its correct aim.

Electron microscope

Light microscope

Compound microscope

To investigate how wind can affect a solar panel

To investigate what type of household waste decomposes the quickest

To investigate how different waste materials can be thrown out

To investigate what type of solar panel generates the most energy

To investigate how much energy is produced by the sun

To investigate whether the sun's heat affects the rate at which waste decomposes



... in Question 1. Why did you choose these two aims and not the others?

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3

Each chapter concludes with a **skills lab** which brings multiple working scientifically skills together.

8G Skills lab



CAUTION: Risks should be managed by use of personal protective equipment and/or specified control measures. Always consult your teacher before conducting an experiment.

Sustainable fishing

Read through the following practical activity. Use the skills you've practised in this chapter to help you fill in the blanks.

Context

Fish are a resource, which we can farm or take from the ocean for food. But many species of fish are threatened with extinction from overfishing. Humans are catching fish from populations faster than the fish can reproduce. This could one day leave us with no fish at all.

Sustainable fishing means that we only take the fish we need, and leave enough so that the populations of fish can continue to survive.



Aim

- 1 Read through this activity to identify the aim:

Materials

- > M&Ms and jelly beans
- > Straws
- > Trays
- > Stopwatch
- > Spoons

- 1 You are not allowed to use M&Ms and jelly beans, because you cannot have food in the lab. What would you replace these items with so that you can still conduct this activity?

- 2 Explain why you chose these replacement materials.

Update the method to include your replacement materials.

- 1 Place plates of 20 M&Ms and 10 jelly beans (representing fish) around the room.

- 2 Each student should use a straw (without using their hands) to collect as many 'fish' as they can for 1 minute.
- 3 After 1 minute, the remaining fish are available for breeding. Add one new M&M 'fish' for every M&M left on a plate and one jelly bean 'fish' for every jelly bean left on a plate.

- 4 Repeat steps 2 and 3 several times.
- 5 How long can you keep fishing? Is the fishing sustainable?
- 6 Repeat steps 2–5, but this time using your hands to help move your straws. (This represents using technology to help find fish.)
- 7 Repeat steps 2–5 using a spoon instead of a straw. (This represents fishing with a net.)

Prediction

- 1 Before you begin, predict what would will happen in this experiment.

IF a straw is used to fish, THEN

IF a spoon is used to fish, THEN

IF hands are used with a straw to fish, THEN

Results

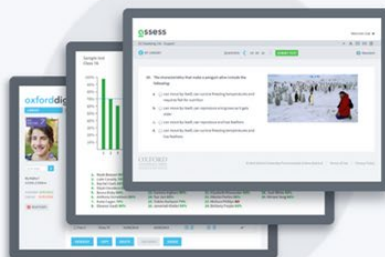
Conduct the investigation using your updated method. Record what happens at each round.

Digital resources and purchasing options



obook

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assess

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Teacher support

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- obook
- assess
- **Teacher support.**

Digital resources and purchasing options

obook is visually integrated with the printed Student book, enabling students to move seamlessly between print and digital products. It provides a range of additional teacher and student resources including:

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- Answers
- Practical worksheets (for each Investigation, Challenge or Skills lab)
- Lab tech notes and risk assessments
- Mock data and answers for each practical activity
- Video tutorials
- Revision notes for students
- Quizlet quizzes
- Markbook Differentiated worksheets to ensure every student is supported.

These are all designed to help you feel confident that your students will be prepared for their internal and external assessment.

2.2 An unbalanced force causes change

Key ideas

In this topic, you will learn that:

- when forces acting on an object are balanced, the object's motion does not change
- forces acting on an object are unbalanced when there is a change to the speed, direction of motion, or shape of an object.

Forces always come in pairs. Forces are balanced when they are pushing or pulling equally in opposite directions. If one of the push or pull forces is larger than the other, the object will change its speed, direction of motion or shape. When this happens, the forces are said to be **unbalanced**.

Balanced forces

Pushing on a brick wall does not usually cause the brick wall to move. This does not mean your force did not exist. There are many forces around us, but most of them do not cause any change in motion. This is because the forces are balanced. It means they are equal in size but opposite in direction. If the forces of the two people in Figure 1 balance each other, the people stay still. This is because they are pushing or pulling with equal and opposite forces. **Balanced forces** are very important. Two tug-of-war teams will be balanced if they pull with the same amount of force but in opposite directions.

balanced forces
two forces equal in size and opposite in direction

unbalanced forces
two or more forces that are unequal in size and direction and therefore change an object's speed, direction or shape

CHALLENGE

2.2 Design a ball whacker
Go to page 16

If a ball is resting on the ground, then all the forces acting on it are balanced. If two people are pushing equally on a stationary object in opposite directions, then the forces are balanced and the object does not move. If one person starts pushing harder, then the object will start to move. There is a change in motion because the forces are unbalanced.

Consider a soccer ball rolling towards the goal. If the goalkeeper kicks it away, then the ball will change direction because the goalkeeper's kick unbalanced the forces.

Playdough sitting on the bench will not change unless you add a push force with your finger. The evidence for this unbalanced force



Worksheet
Predicting the effect of forces

contact forces
forces that occur when two

Evidence of an unbalanced

book assess Library Classes Help

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BOOK RESOURCES MARKBOOK

Go to page...

Chapter 2 Forces

2.1 A force is a push or a pull

[2.2 An unbalanced force causes change](#)

2.3 Forces can be added together

2.4 Friction slows down moving objects

2.5 Seatbelts and safety helmets save lives

Chapter 2 Review

Skills lab 2.1

Challenge 2.2

Investigation 2.4

Other resources



2.2 An unbalanced force causes change



2.2 An unbalanced force causes change



2.2 An unbalanced force causes change



Challenge 2.2 Design a ball whacker



Chapter 2 Forces

2.2 An unbalanced force causes change

Pages 4–5

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Q & A



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